

Utah intrasquad summer invitational LCM Swim Meet

Friday July 26, 2024

Sanctioned by Utah LMSC for USMS, Inc. Sanction

Date: July 26, 2024

Meet Host: Trailblazers Masters (TM)

Location: **Utah Tech University Human Performance Center** is an indoor, 25-yd. by 50-m competition pool located at 291 S 700 E, St. George, UT 84770. The meet will be run as a long course meters meet. There is limited bleacher seating on the pool deck.

Entries: On-line entry fee is \$10, Register at clubassistant.com There will be no refunds. Meet will be limited to first 40 swimmer to enter. Utah Tech students are free (USMS members).

Deadline is Tuesday July 23, 2024 at 11PM MDT. No deck entries will be allowed.

Session 1 warmup from 10-11 am. Session will start at 11 am. Session 2 warm up from 10-11 AM. Session will start at 11AM.

Timing System: The primary timing system will be manual timing with 2 watches.. Times may be submitted for USMS Top 10 consideration, but cannot be submitted for world records or USMS records.

FORMAT/RULES: USMS rules will apply. All events are timed finals. Swimmers are limited to a total of 6 individual events. Age on December 31, 2024, determines age group for the meet. You must be at least 18 years of age on December 31, 2024 to compete.

Current USMS membership is required. To purchase or renew memberships, go to www.usms.org. Non-USMS members may also purchase a single day membership for a fee of \$20.00 during registration.

Please Note: The length of the competition course is not on file with USMS. Eligibility of times achieved in this meet will be contingent upon pool length measurement and approval with USMS; if bulkheads are present, their placement must also be confirmed by measurements at the meet (USMS articles 105.1.7 and 106.2.1) Participants may start in the pool, or from the deck, instead of from the diving blocks, if they prefer.

Disability Swimmers: Disability swimmers are welcome. Please notify the meet director and meet referee, prior to the competition, of any disability and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment if required.

Seeding: All events will be deck seeded slowest to fastest, by entered time, ages and sexes combined. Check in is not required. Swimmers may enter the 800 or 1500 but not both. The 800 and 1500 may be run concurrently depending on entries.

Warm up and Warm Down: Lanes available for swimmers during the swim competition.

USMS Masters Swimming Meet

Hosted by Utah Tech University – Friday July 26, 2024 Maximum 6 individual events per day
USMS Sanction # ###

NAME:		Email:
Street Address:		
City / State / Zip:		Date of Birth:
Emergency Contact Name		Emergency Contact Number:
Phone:	Sex:	USMS#:

EVENT No.	EVENT	EVENT No.	Seed Time
<i>Session 1</i>	warm up 10:00	<i>Session 1</i>	MUST check in for session by 10:00 am
	Events start @ 11 am		
1	100 breast		
2	200 back		
3	400 free		
4	50 fly		
5	200 free		
6	100 back		
7	50 breast		
8	400 IM		
9	100 free		
10	50 back		
11	200 breast		
12	100 fly		
13	50 free		
14	200 IM		
15	200 fly		
16	800 free		
17	1500 free		
18			
19			
20			